



## **Abbey Wood Grange Day Nursery**

### **No Smoking Policy (Tobacco and Vapour cigarette)**

Children's health and well-being is of the upmost importance for the nursery. Smoking has proved to be a health risk and therefore in accordance with legislation, the nursery operates a strict no smoking policy within its buildings and grounds. It is illegal to smoke in enclosed places.

You are respectfully required to abstain from smoking whilst on the premises. This rule also applies to students, parents, carers, visitors, contractors etc.

Staff must not smoke whilst wearing nursery uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle. If staff chooses to smoke during breaks they are asked to change in to their own clothing (coat or jumper) and smoke away from the main entrance in the designated smoking area.

We also request staff to use a body spray/chewing gum to reduce the smell of smoke on their person.

We request that staff and parents accompanying nursery children on outings refrain from smoking whilst caring for the children.

We respect that it is a personal choice to smoke, although as an organisation we support healthy lifestyles and therefore help staff and parents to stop smoking by:

- Providing factsheets and leaflets
- Providing details of the NHS helpline, [www.smokefree.nhs.uk](http://www.smokefree.nhs.uk)
- Offering information regarding products that are available to help stop smoking
- Offering in-house support.